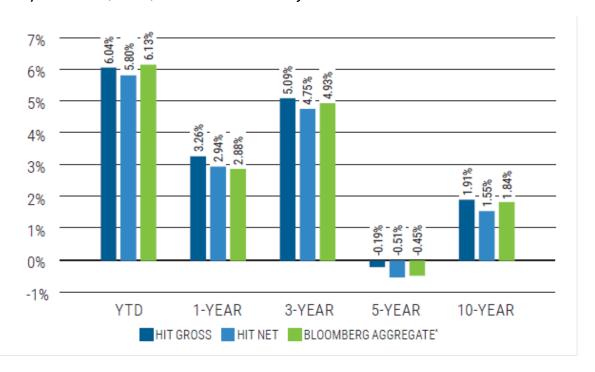
AFL-CIO HOUSING INVESTMENT TRUST

COMPETITIVE RETURNS | UNION CONSTRUCTION JOBS | HOUSING FINANCE

Performance

RELATIVE RETURNS

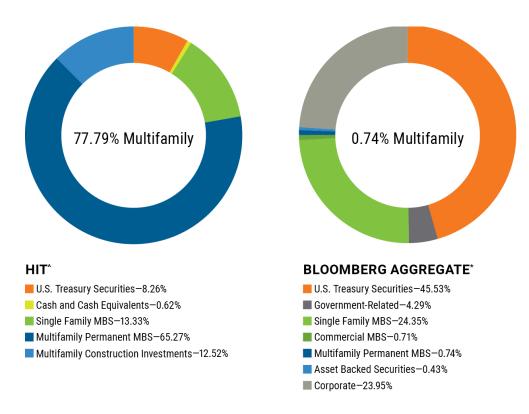
As of September 30, 2025, Periods of over one year are annualized



The performance data provided represents past performance. Past performance is no guarantee of future results. Economic and market conditions change, and both will cause investment return, principal value and yield to fluctuate so that a Participant's units when redeemed may be worth more or less than their original cost. Current performance may be lower or higher than the performance data quoted. Gross performance figures do not reflect the deduction of HIT expenses. Net performance figures reflect the deduction of HIT expenses and are the performance figures investors experience in the HIT. Information about HIT expenses can be found on page 1 of the HIT's current prospectus. The HIT is internally managed and participants pay only for the actual expenses of operating the HIT. The Bloomberg U.S. Aggregate Bond Index ("Bloomberg Aggregate") reflects no deductions for expenses and is not available for direct investment. Investors should consider the HIT's investment objectives, risks and expenses carefully before investing. A Prospectus containing more complete information may be obtained from the HIT by calling the Marketing Department at 202-331-8055, or by viewing the above-referenced link. The prospectus should be reviewed carefully before investing.

Portfolio

SECTOR ALLOCATION As of September 30, 2025



^{*} Chart based on value of total investments and includes unfunded commitments but does not include U.S. treasury futures contracts.

The following are general descriptions of certain types of investments that may be held by the HIT and are not intended to describe all assets actually held in the HIT's current portfolio.

- Multifamily Construction Mortgage-Backed Securities: The Trust invests in fixed-income securities that
 finance the construction of multifamily properties. These securities generally have credit enhancements
 from FHA, Ginnie Mae (GNMA), or a letter of credit or repurchase guarantee from an entity rated "A" or
 better. These securities generally fund over 12-24 months and upon completion of construction, a
 permanent security is issued. These securities typically generate yields above U.S. Treasury investments
 with comparable average lives and generally have significant prepayment protections.
- Multifamily Permanent Mortgage-Backed Securities: The Trust invests in securities that are either backed
 by permanent loans for multifamily properties or by loans for existing single-family homes. These FHA,
 GNMA, Fannie Mae, or Freddie Mac credit enhanced investments typically generate yield spreads above
 U.S. Treasury investments with comparable average lives. Additionally, multifamily mortgage-backed
 securities generally have significant prepayment protections.
- State Housing Finance Agency Securities: The Trust may invest in securities that are backed by
 construction and/or permanent loans for multifamily properties having evidence of support by a state or
 local government and that, among other things, are guaranteed or insured by a state or local housing
 finance agency ("A" rated or better or top tier by Standard and Poor's); are secured by recourse to such

- assets of the Housing Finance Agency as to provide protection comparable to a pledge of the agency's general credit; or satisfy other indicia of credit quality set out in the Declaration of Trust.
- Single Family Mortgage-Backed Securities: The Trust invests in securities that pool individual mortgages
 from single family homes. The interest and principal cash flows are passed through to the investor of the
 MBS net of any servicing fees. These Fannie Mae, GNMA, or Freddie Mac credit enhanced investments
 typically generate yield spreads above U.S. Treasury bonds. There is no prepayment protection on these
 securities meaning payments could be more than the scheduled amount.
- Construction and Permanent Mortgages: The Trust invests in loans used to finance the purchase, refinance or construction of a property.

CREDIT COMPARISON As of September 30, 2025

	HIT	Bloomberg Aggregate*	
U.S. Government or Agency	91.76%	71.83%	
AAA	0.79%	2.55%	
AA	2.93%	2.38%	
A	0.00%	11.46%	
BBB	0.00%	11.78%	
Not Rated	3.90%	0.00%	
Cash	0.62%	0.00%	

RISK COMPARISON As of September 30, 2025

	ніт	Bloomberg Aggregate*		HIT	Bloomberg Aggregate*
CREDIT PROFILE					
U.S. Government/Agency/AAA/AA/Cash	96.10%	76.76%	A & Below/Not Rated	3.90%	23.24%
YIELD					
Current Yield	4.19%	3.88%	Yield to Worst	4.91%	4.39%
INTEREST RATE RISK					
Effective Duration	5.99	5.99	Convexity	0.19	0.24
CALL RISK					
Call Protected	76%	76%	Not Call Protected	24%	24%

Source: HIT and Bloomberg US Aggregate Bond Index

The calculations of the HIT yield herein represent widely accepted portfolio characteristics information based on coupon rate, current price and, for yield to worst, certain prepayment assumptions, and are not current yield or other performance data as defined by the SEC in Rule 482.

The table above compares the HIT's portfolio risk measures to those of the Bloomberg Aggregate.

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