AFL-CIO HOUSING INVESTMENT TRUST

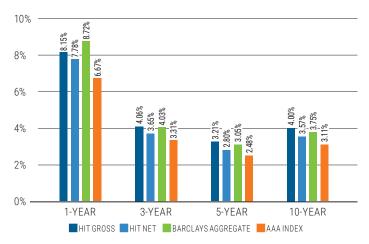
COMPETITIVE RETURNS | UNION CONSTRUCTION JOBS | HOUSING DEVELOPMENT

HIT AT A GLANCE

- A \$6.6 billion investment grade fixed-income mutual fund
- Specializes in the highest credit quality multifamily mortgage backed securities.
- Over 35-year history of generating competitive returns for pension funds and labor organizations, such as health and welfare funds, while also providing vital union construction jobs, affordable and workforce housing, and healthcare facilities.
- 100% union labor requirement for all on-site construction.

ANNUALIZED RETURNS

As of December 31, 2019



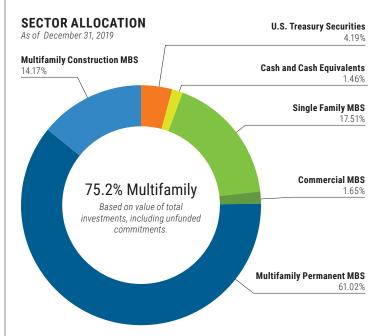
The AAA Index represents the AAA Component of the Bloomberg Barclays U.S. Aggregate Bond Index.

BENEFITS OF THE HIT

- Core fixed-income option with a strong performance record.
- Higher income, a superior credit profile, and similar levels of interest rate risk compared to the benchmark.
- Ongoing yield advantage positively contributes to its performance relative to the benchmark.
- High credit quality multifamily securities can make the HIT a lower risk investment than many other fixed-income vehicles.
- Can complement riskier investments in diversified portfolios.
- Good source of potential diversification due to concentration in multifamily securities (over 70% of portfolio) and lack of corporate bonds.
- Directly sources multifamily construction-related investments that have higher yields than other investments of similar duration and credit quality.

STRATEGY: OVERWEIGHT MULTIFAMILY MBS

- Construct and manage a portfolio with higher credit quality, higher yield, and similar interest rate risk relative to the Bloomberg Barclays US Aggregate Bond Index benchmark.
- Investment in high credit quality multifamily mortgage securities that can provide an income advantage for the HIT that contributes to its relative performance versus the benchmark.



RISK COMPARISON

As of December 31, 2019

	HIT	Barclays
Credit Profile		•
U.S. Government/Agency/AAA/Cash	93.56%	72.03%
A & Below/Not Rated	1.86%	24.58%
Yield		
Current Yield	3.10%	3.00%
Yield to Worst	2.60%	2.31%
Interest Rate Risk		
Effective Duration	5.69	5.96
Convexity	0.07	0.06
Call Risk		
Call Protected	76%	73%
Not Call Protected	24%	27%

Source: HIT and Bloomberg Barclays US Aggregate Bond Index

continued

ECONOMIC IMPACT OF INVESTMENTS*

(1984-present)

532 PROJECTS

178.1 M hours of on-site union construction work created

\$8.7B in HIT capital invested

\$16.5B in total development cost

\$32.3B total economic benefits

\$13.0B in personal income including wages and benefits (\$6.6B for construction workers)

193,492 total jobs generated across communities

117,005 housing and healthcare units nationwide (**67%** affordable housing)

LABOR POLICIES: BEST IN CLASS

- **Documentation**—100% union requirement laid out in legal documents, signed by General Contractor and Developer.
- **Monitoring and Enforcement**—Labor Relations ensures compliance and solves issues that may arise.
- Measurement—work hours measured and reported for every project.





PROJECT PROFILE: COTE VILLAGE MATTAPAN, MA

- \$49.0 million new construction project
- Two four-story buildings will create 76 units of housing (100% affordable)
- HIT investment of \$20.1 million
- Creating an estimated 415,960 hours of union construction work (208 jobs)



PROJECT PROFILE: 18TH SIXTH AVENUE AT PACIFIC PARK BROOKLYN, NY

- \$710.0 million new construction project
- Fifty-story project will create 858 units of housing (30% affordable)
- HIT investment of \$100.0 million
- Creating an estimated 3,881,830 hours of union construction work (1,945 jobs)

The performance data quoted represents past performance and is no guarantee of future results. Investment results and principal value will fluctuate so that units in the HIT, when redeemed, may be worth more or less than the original cost. The HIT's current performance may be lower or higher than the performance data quoted. Performance data current to the most recent month-end is available from the HIT's website at www.aflcio-hit.com. Gross performance figures do not reflect the deduction of HIT expenses. Net performance figures reflect the deduction of HIT expenses and are the performance figures investors experience in the HIT. Information about HIT expenses can be found on page 1 of the HIT's current prospectus.

Investors should consider the HIT's investment objectives, risks, and charges and expenses carefully before investing. This and other information is contained in the HIT's prospectus. To obtain a prospectus, call the HIT at (202) 331-8055 or visit the HIT's website at www.aflcio-hit.com.



^{*}Job and economic impact figures are estimates calculated using IMPLAN, an input-output model, based on HIT and subsidiary Building America project data. The data is current as of December 31, 2019. Economic impact data is in 2018 dollars and all other figures are nominal.